



The National Register of Psychotherapists and Counsellors

(Hereinafter referred to as 'The Register')

*This document was taken from the initial (December 2011) edition of the Articles and Memoranda, Code of Ethics and the Disciplinary Procedure of The Register. It has been recently updated in August 2021 and this document now **supersedes any previous version** but may contain documentation which was part of the original.*

The NRPC is intended to be a professional organisation that qualified and insured therapists may join either by invitation, by completing their studies at an accredited/accepted school, or meet certain professional training criteria, which is set out below.

This, combined with an agreement by members to abide a strict code of ethics, maintain appropriate business insurance, be adequately supervised and complete proper levels of CPD annually, will ensure that the professional standards of The Register will always be of the highest order.

The NRPC is a companion company to The Association for Professional Hypnosis and Psychotherapy (APHP) and will therefore be run by the same board of directors. The NRPC will be referred to as The Register in some of the documentation.

All decisions made by the Chair and the Director for the NRPC or APHP are final.

This document contains:

Details of requirements for:

- Continuing Professional Development Requirements (CPD)
- Supervision Requirements

Conditions of membership at any level:

- The Annual Subscription is £80.00 Sterling per year. Any change will be advised with renewal notices.
- The website of The Register <http://www.nrpc.co.uk> contains a list of members in good standing and is accessible to the public and contains information for members.
- All members are required to show evidence of at least 15 hours of continuing professional development per year (not necessarily APHP/NRPC seminars) when renewing their membership. Such evidence will be subject to a random checking procedure.
- ✎ All members must be engaged in regular relevant supervision. Those with less than 5 years' experience must have Differential Supervision from a qualified supervisor. Those with more than 5 years may elect to have peer supervision. The amount of supervision required is dependent upon the number of clients seen per week. Supervision will be subject to random checking.

Supervision levels required.

1-5 Clients per week - 6x 1 hour supervision sessions per year

5-15 Clients per week - 12x 1 hour supervision sessions per year

15-30 Clients per week - 12x 1.5 hour supervision sessions per year

Members can opt to have more supervision sessions as they see fit, but must maintain the minimum levels as stated above and submit the name & contact details of their supervisor, and advise us immediately if the supervisor changes.

- ✎ **All members will agree to read thoroughly and abide by the code of ethics; applying for membership constitutes to such an agreement.**
- ✎ Should any member organise or run a hypnosis/hypnotherapy/psychotherapy seminar or other similar event, it must not be implied that such event is in any way endorsed by or otherwise supported by The Register unless that is the case.
- ✎ The register undertakes to ensure that the contact details of each member should be readily available to the general public, via any means available. To this end, The Register will maintain registration with the major Internet search engines.
- ✎ From time to time, this document may have additions or deletions; in such event, the latest copy will be available to all members via the website

By applying for the NRCP you agree to abide by the conditions of membership.